

**GOJU KARATE**

## Notes

- Remote + Dojo/Honbu  
(Based on Sensei Schedule)

# Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1:45PM Dojo Opens	Dojo Closed	1:45PM Dojo Opens	
<b>Notes</b> * Students that do not yet meet the rank requirement should see Sensei prior to taking class.  ** 8th Kyu (blue belt) and above only.		2:00PM <b>General Class Adults</b> All Ranks 60 minutes		2:00PM <b>Kata Class + Meditation Adults</b> 9th Kyu+ 60 minutes	
1:45PM Dojo Opens	3:00PM Dojo Opens				10:00AM Dojo Opens
2:00PM <b>General Class Adults</b> All Ranks 60 minutes	3:30PM <b>General Class Juniors**</b> Ages 4-6 40 minutes	3:30PM <b>General Class Juniors</b> Ages 4-6 40 minutes		3:30PM <b>General Class Juniors</b> Ages 4-6 40 minutes	10:30AM <b>General Class Juniors</b> Ages 4-6 40 minutes
3:30PM <b>General Class Juniors</b> Ages 4-6 40 minutes	4:15PM <b>General Class Youth**</b> Ages 7-11 45 minutes	4:15PM <b>General Class Youth</b> Ages 7-11 45 minutes		4:15PM <b>General Class Youth</b> Ages 7-11 45 minutes	10:30AM <b>General Class Youth</b> Ages 7-11 60 minutes
4:15PM <b>General Class Youth</b> Ages 7-11 45 minutes	5:00PM <b>General Class Teens**</b> Ages 12+ 60 minutes	5:00PM <b>General Class Teens</b> Ages 12+ 60 minutes		5:00PM <b>General Class Teens</b> Ages 12+ 60 minutes	10:30AM <b>General Class Teens</b> Ages 12+ 60 minutes
5:00PM <b>General Class Teens</b> Ages 12+ 60 minutes	6:00PM <b>Jishu All Ranks Adults</b> All Ranks 60 minutes	6:00PM <b>Endurance Class Adults</b> All Ranks 60 minutes	6:00PM <b>Jishu Invite-Only Adults</b> All Ranks 2 hours	6:00PM <b>General Class Adults</b> All Ranks 60 minutes	11:30PM <b>General Class Adults</b> All Ranks 60 minutes
6:00PM <b>General Class Adults</b> All Ranks 60 minutes		7:00PM <b>General Class Adults</b> All Ranks 60 minutes		7:00PM <b>Kumite Class Adults</b> 5th Kyu+* 45 minutes	12:30PM <b>Special Subjects Adults</b> All Ranks 45 minutes
7:00PM <b>Kata Class Adults</b> 9th Kyu+* 45 minutes		8:00PM <b>Meditation Class Adults</b> All Ranks 45 minutes	Always consult <a href="http://GOJUKARATE.COM">GOJUKARATE.COM</a> for daily updated schedule information.		